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Postoperative Care: Oral Surgery

Oral surgery include any procedures done in the oral cavity and oropharynx (throat). This may include surgery done to the tongue, gums, teeth, palate or cheek buccal lining.

In general, patients will be sent home on the day of surgery with some analgesia. Antibiotics are rarely required. There may be some dissolving stitches in the mouth that may be visible. These stitches usually break down and dissolve spontaneously in a week or two. Simple warm water mouth washes a few times a day in the first week would be good to keep the area clean.

The first 24 hours a soft diet will be recommended. Patients can normally return to normal diet a day after surgery. Avoid any hot foods or foods that may be high in acidity or spices as it may cause discomfort to the area operated on. Small amounts of bleed may be expected in the first few days. Having some cool drinks or sucking on ice may be sufficient to relieve discomfort.

An appointment will be made 2-3 weeks after surgery.

If there are any significant concerns, it is recommended that the patient be seen by a doctor either at the GP practice, the Emergency Department or at ENT Victoria. We are unable to give a safe advice over the phone without directly examining the patient. Do not hesitate to contact our office for further advice.