

Mr Eric Levi, FRACS

*Fellow of the Royal Australasian College of Surgeons
M.B.B.S., B.Sc, PGDipSurgAnat., M.P.H.&T.M.*

**Ear Nose & Throat Specialist
Head & Neck Surgeon**

Suite 1, 28 Arnold St
Box Hill, VIC 3128
9895 0400
www.ericlevi.com
www.entv.com.au

Postoperative Care: Larynx/Voice Surgery

Laryngeal surgery include any procedures done in the Voice Box (larynx) and throat (pharynx).

In general, patients will be sent home on the day of surgery with some analgesia. Antibiotics are rarely required. Patients can normally return to normal diet immediately after surgery. Small amounts of bleed or blood-stained phlegm and mucous may be expected in the first few days. Having some cool drinks or sucking on ice may be sufficient to relieve discomfort. Simple analgesia can be used. It is normal to feel sore throat and sore neck for a few days after surgery.

Resting the voice is important in the first 24 hours. Limit communication to necessary speak. If you need to speak, speak with a normal voice, avoid yelling or whispering.

An appointment will be made 2-3 weeks after surgery.

If there are any significant concerns, it is recommended that the patient be seen by a doctor either at the GP practice, the Emergency Department or at ENT Victoria. We are unable to give a safe advice over the phone without directly examining the patient. Do not hesitate to contact our office for further advice.